



F L O R A C O P E I A

AROMATIC TREASURES FOR HEALTH, BEAUTY AND ABUNDANCE

A WEEKEND RETREAT OF

# CONTEMPLATIVE AROMATHERAPY

WITH DAVID CROW OF FLORACOPEIA

JUNE 6 - 7

Come experience this meditation-based approach to understanding how pure essential oils can transform consciousness and benefit your emotional and spiritual wellbeing.

David Crow will lead guided exploration of how:

Botanical fragrances enhance and deepen concentration and meditation

Contemplative practice helps us recognize the hidden dimensions and intelligence of botanical fragrances

The Yoga of Olfaction and classical Buddhist meditation methods support study of the mind/body relationship

Plant essences awaken our awareness of biological unity and sensitivity to all beings



This special retreat is offered on a donation basis in accordance with Buddhist tradition.

A wide variety of Floracopeia essential oils will be available for sale.

**FREE INTRODUCTORY TALK "CONTEMPLATIVE AROMATHERAPY"**

**6:00-7:45 PM FRIDAY JUNE 5TH AT TUTU'S HOUSE IN WAIMEA**

**TIMES: SAT & SUN 9AM – 6PM (BRING YOUR OWN CUSHION)**

**CEC DINING HALL, NEW MOON FOUNDATION; 53-496 IOLE RD, KAPA'AU, HI**

**CONTACT: MARIAH DODD 808-936-0801 MARIAHDODD@HOTMAIL.COM**

**FOR DETAILS ABOUT THE RETREAT: [WWW.FLORACOPEIA.COM/BLOG/?P=302](http://WWW.FLORACOPEIA.COM/BLOG/?P=302)**



David Crow, LAc, wrote *In Search of the Medicine Buddha*, a book about his studies of Tibetan and Ayurvedic medicine in the Himalayas. The founder of Floracopeia—a company which supports ecologically sustainable agriculture through the production of essential oils and aromatic treasures all over the world— Mr. Crow's work has been featured in numerous magazines and he's spoken on panel discussions with His Holiness the Dalai Lama.